

The Colin Morath Memorial Trophy

Position	Club	'Countback' Total		% Change
		Race 3 22-23	Race 3 23-24	
1	Abbey Runners	8609	5674	34.1
2	Ackworth Road Runners	16175	11439	29.3
3	Horsforth Harriers	12661	9749	23.0
4	Knaresborough Striders	18224	14645	19.6
5	Nidd Valley Road Runners	10313	9219	10.6
6	Kirkstall Harriers	11173	10020	10.3
7	Wetherby Runners	14780	13391	9.4
8	Horsforth Fellandale	17210	15663	9.0
9	York Postal Harriers	12224	11222	8.2
10	Chapel Allerton Runners	10662	9964	6.5
11	St Theresa's AC	9714	9322	4.0
12	Bradford Airedale AC	19889	19171	3.6
13	Saltaire Striders	11292	11451	-1.4
14	Roundhay Runners	7050	7229	-2.5
15	Hyde Park Harriers	7624	7999	-4.9
16	Dragons RC	21971	23688	-7.8
17	Kippax Harriers	14224	15824	-11.2
18	Airecentre Pacers	9879	11471	-16.1
19	Ilkley Harriers	11506	13908	-20.9
20	York Tri Club	14655	19656	-34.1
21	Valley Striders	4408	5929	-34.5
22	Harrogate Harriers	8775	12077	-37.6
23	Rothwell Harriers	9276	13534	-45.9
24	Wharfedale Harriers	10728	19045	-77.5